

## TRANSFORMING THE INTENSE CHILD

### The Nurtured Heart Approach®

The Nurtured Heart Approach<sup>®</sup> is a highly acclaimed relationship focused methodology that is a departure for traditional techniques for working with intense children. The approach has proven effective in creating amazing transformation for children who have challenges related to: adoption, autism, ADHD, ODD, PTSD, RAD and other social or behavioral problems.

Today, the Nurtured Heart Approach<sup>®</sup> fosters positive and desired outcomes with all children, with adults, and within the workplace culture. The approach is actively engaged worldwide in family homes, therapeutic settings for children and adults, classrooms, school districts, organizations, and businesses.

# If you are struggling with intense behaviors or want to supercharge your relationship with your child, NHA is for you!

#### About your trainer:

Nick Bartlett has been a School Psychologist since 2010. He became a Certified Nurtured Heart Approach<sup>®</sup> trainer in 2014, and in January 2016 completed the advanced trainer certification. He currently serves as a Program Specialist for Tahoe-Truckee Unified School District. Nick has trained hundreds of school personnel and parents in the Nurtured Heart Approach <sup>®</sup>. He is a firm believer in the transformative nature of the approach and has seen firsthand the benefits it can provide with both his own children and those he works with.

## Learn more about the Nurtured Heart Approach<sup>®</sup> at: <u>https://childrenssuccessfoundation.com/</u>

## **Training Brought to You By:**

Nevada County Superintendent of Schools Office-FKCE Program

#### FREE TRAINING!!!!

- Learn to recognize a child's intensity as a powerful quality that, if developed correctly, can propel children to amazing achievements.
- Gain valuable knowledge about the "The 3 Stands™," that when committed to, become a powerful means of transforming children.
- Learn techniques to actively recognize children for positive behaviors and consequently reshape the child's inner portfolio.

#### Workshop Details

Location: Zoom: Link emailed after you RSVP

#### Date and Time:

Date: Saturday, January 30, 2021

Time: 9am-3:30pm (lunch break at noon)

To Register: email mbalderston@nevco.org

"This approach is shaping me into the kind of parent I want to be and the kind of person I want to be from the inside out."

**~Workshop Participant**